I. COMPLETE NAME

Kathleen Eustace MPH RD LD Clinical Instructor 6011 Harry Hines Blvd, Dallas, Tx 75390 P: 214-648-6579 F: 214-648kathleen.eustace@utsouthwestern.edu

II. EDUCATION

Masters of Public Health, University of Texas Health Science Center School of Public Health, August 2008-August 2010

Dietetic Internship, University of Texas Health Science Center School of Public Health, August 2008-May 2010

Bachelor of Science of Food Nutrition and Dietetics, Stephen F. Austin State University, August 2005-May 2008

III. PROFESSIONAL EXPERIENCE

Academic:

1. Clinical Instructor, UT Southwestern Department of Clinical Nutrition, March 2018- present

Administrative:

1. Dietary/ Food and Nutrition Department Head, Parkview Care Center, October 2010- October 2013 (50% time from 2010-2012, 100% time from 2012-2013)

Hospital/Agency:

- Clinical Dietitian, Preferred Home Care Home Infusion, October 2017- March 2018
- 2. Clinical Dietitian, Children's Health, October 2013- August 2017
- 3. Clinical Dietitian, Parkview Care Center, October 2010-2013 (50% time from 2010-2012, 100% time from 2012-2013)
- 4. Clinical Outpatient Dietitian, UT Southwestern Medical Center, October 2010-October 2012 (50% time)

Other:

1. Data Collector, Michael and Susan Dell Center, September 2009 – May 2010

IV. CERTIFICATION OR BOARD STATUS

Registered Dietitian with Commission on Dietetic Registration June 2010 - present

V. LICENSES

Licensed Dietitian, Texas, Issued June 2010. Current June 2018-June 2020

VI. RESEARCH AND SCHOLARSHIP

Research Grants and Contracts

1. Attitudes and Beliefs Regarding the Use of Blenderized Tube Feeds Among Health Care Providers: A survey

No funding requested

August 2018- present

Non-regulated research status

Primary investigator and research advisor to student researchers, 50% effort

Teaching Materials Developed.

1. Children's Health Blenderized Tube Feeding Protocol and Competency Check. Power point presentation outlining the clinic management of blenderized tube feeding in the pediatric population. Case study for Competency. Spring 2017. Creator and presenter to clinical nutrition department.

Other Scholarly Activities and Creative Achievements –

 Completion of Ketogenic Diet Therapy Protocol for Epilepsy Center of UT Southwestern

Primary author in collaboration with Sasha Alick MD

VII. PUBLICATIONS

Chapters in Books

1. Children's Health Pediatric Nutrition Handbook and formulary (2017 edition). Contributor: pediatric and adult formulary section and IBD MNT section

Abstracts

1. Co- Author of accepted abstract: Case Review: Use of Commercially Blenderized Polymeric Formula in Two Patients with Short Bowel Syndrome. for Pediatric Intestinal Failure and Rehabilitation Symposium; Los Angeles, California, October 27-29, 2016. Poster presentation.

Editorials, position papers, background papers

1. Master's Thesis publication. Relationship between parental feeding practices and weight status in a lower socioeconomic preschool population. Fall 2010

Original invited lectures and presentations published for distribution – Not Applicable

VIII. TEACHING ACTIVITIES

Course participation Within Department:

1. Fall 2019

CN 5250 Nutrition Care Process Practica: 4 hour lab. Guest Lecturer.

CN 5310 Nutrition Care Process: 3 hour didactic course: Guest Lecturer.

CN 5104 Specialty Topics in Nutrition Support: 1 hour didactic course: Course Director

CN 5313 Pediatric MNT: 3 hour didactic course. Course Director

2. Summer 2019

CN 5452 Acute Care Practica: 4 hour lab course. Course Director

CN 5312 Acute Care Lecture: 3 hour didactic course. Guest Lecturer.

3. Spring 2019

CN 5311 Chronic Care: 3 hour didactic course. Guest lecturer.

4. Fall 2018

CN 5250 Nutrition Care Process Practica: 4 hour lab. Guest Lecturer.

CN 5310 Nutrition Care Process: 3 hour didactic course: Guest Lecturer.

CN 5104 Specialty Topics in Nutrition Support: 1 hour didactic course: Course Director

CN 5313 Pediatric MNT: 3 hour didactic course. Course Director

5. Summer 2018

CN 5452 Acute Care Practica: 4 hour lab course. Course Director

CN 5312 Acute Care Lecture: 3 hour didactic course. Guest Lecturer.

Intradepartmental/School/University

- 1. FIM 2202. Instructor, Frontiers in Medicine (Spring 2020, 4 hours of instruction). School of Medicine. Description: Eating the Evidence: Ketogenic Diet. Lecture to medical students about ketogenic diet as a weight loss and therapeutic approach to the treatment of epilepsy.
- 2. FIM 2201 Instructor, Frontiers in Aging (Spring 2020, 4 hours of instruction). School of Medicine. Description: Lecture to medical students about changes in nutritional requirements as people age as well as provide hands-on laboratory instruction in food preparation targeted toward the elderly and disabled.
- 3. MPA 5423—Instructor, Pediatric Nutrition (Summer 2018, 3 hours of instruction). Physician Assistant Master's Program. Description: Lecture to

PA students on basic nutrition assessment, nutritional requirements and general recommendations for the pediatric population.

Other teaching, activities:

- 1. Primary student research advisor:
 - a. Spring 2020-Spring 2021:
 - i. Impact of lactation consultation visits on the maintaining lactation and provision of mother's own milk in the CUH NICU
 - ii. Identification of barriers to maintaining lactation for mothers of infants admitted to CUH NICU
 - b. Spring 2020-Spring 2021
 - i. Collaborative QIP with Parkland: Impact of prei-operative oral immunonutrition supplements on post-op infection and length of stay in the hospital after colorectal resection
 - ii. Collaborative QIP with Parkland: Detection of early hypocalcemia and Vitamin D deficiency among infants admitted to Parkland NICU
 - iii. Collaborative QIP with Parkland: Identification of barriers to maintaining lactation for mothers of infants admitted to Parkland NICU
 - c. Fall 2018-2019: Attitudes and Beliefs Regarding the Use of Blenderized Tube Feeds among Health Care Providers
- 2. Ongoing Academic advisor: 5 students; 2-3 students per class
- 3. Coordination of onboarding process involving documentation and intern presentation for interns to 10 rotation sites including THR Hospital Sites (HEB, Flowermound, Fort Worth, and Plano), Methodist sites (Dallas, Methodist, and Charlton), and Parkland, Health Care Services Group, American Renal, Children's Health, & Cook Children's

Contributions to continuing education

IX. PROFESSIONAL SERVICE

Clinical Activities

- 1. Development of UT Southwestern Department of Clinical Nutrition Concierge Consulting via Healthie Platform
- 2. Nutrition Clinic within Internal Medicine Subspecialties

Monday Afternoons: 1 PM- 4:30 PM

Wednesday: 8:30 AM – 4 PM. Thursday: 8:30 AM – 12 PM

Total hours per week: 16 hours including preparation and charting.

3. Coverage of faculty clinics prn

Service to professional societies.

1. American Society of Enteral and Parenteral Nutrition 2020 Conference Monitoring Committee Member

Editorial services—Not Applicable

Invited and special lectures of clinical and service relevance

- 1. Home Enteral Nutrition and Home Parenteral Nutrition. UT Southwestern GI rounds and CME continuing education lecture. January 16, 2020.Invited Lecture
- 2. Malnutrition. UT Southwestern GI rounds and CME continuing education lecture. October 9, 2019.Invited Lecture
- 3. Crohn's Colitis Foundation Pediatric Support Group Parent Education. Nutrition Q & A. Children's Hospital Plano. April 2, 2019.
- 4. Crohn's Colitis Connect Live Podcast Interview over Nutrition and the Holidays. Crohn's Colitis Foundation. On Air Media Dallas Tx. November 29, 2018.
- 5. Nutrition for a Happy Gut. Arboretum Healthy Eating Series. Dallas Arboretum. (Dallas, Tx). November 1, 2018.
- 6. Helping Patients Eat Well. Crohn's Colitis Foundation. Frontiers of Flight Museum (Dallas, Tx). September 8, 2018. Clinical Presentation for Practitioners.
- 7. "What should I eat?" Navigating trends in Nutrition. Perot Museum Social Sciences Program. Perot Museum (Dallas, Tx). June 22, 2018.
- 8. Nutrition and IBD. UT Southwestern Medical Center IBD Support Group. Dallas, Tx. April 18, 2018.
- 9. CCP One Conference Speaker; August 2016. Presentation: Nutrition and CP: A Comprehensive Approach
- 10. GI and Nutrition Lecture series participant. Presenter on various topics relevant to GI providers and clinical nutrition staff. SCD and IBD (December 2016) and Nutrition and IBD (December 2014)

Consultantships

1. Clinical consultant the Texas Rangers, GI related dietary concerns and other requests. Fall 2018-Spring 2019.

Professional service to the community

Other

X. ADMINISTRATION [College and University Service]

Budget responsibilities – Not Applicable

Personnel management responsibilities –Not Applicable

Facilities responsibilities

- 1. Faculty site liaison for 6 MNT sites: THR Hospital Sites (HEB, Flowermound, Fort Worth, and Plano), Methodist sites (Dallas, Methodist, and Charlton), and Parkland
- 2. Faculty Liaison for Specialty Rotation sites: American Renal, Health Care

Services Group, Children's Health, & Cook Children's.

Other

- 1. Admission Committee. Member. Interview and review of potential candidates for Coordinated Program.
- 2. SHP Marketing Committee. Member and representative for Department of Clinical Nutrition. Support the marketing and visibility of the department of clinical nutrition and the coordinated program.

XI. MEMBERSHIPS, HONORS, AWARDS and SPECIAL RECOGNITION

Memberships

- 1. Academy of Nutrition and Dietetics & Texas Dietetic Association; 2006-2013, 2018- Present
- 2. American Society of Enteral and Parenteral Nutrition; 2018-Present
- 3. The National Scholars Honor Society & Phi beta Upsilon Honor Society